

## **Swinburne University Research Project on Parenting children with ASD**

Dear Autism Asperger ACT Inc.,

We would like to introduce ourselves: Rachel Jellett, Clinical Doctor of Psychology Student and Monique Seymour, Psychology Honours Student from Swinburne University of Technology.

In collaboration with the Parenting Research Centre in East Melbourne and under the supervision of Dr Katie Wood (Clinical Psychologist) we are conducting research projects looking at different aspects of parenting a young child (aged 0-5 years) with an Autism Spectrum Disorder (ASD). In particular, we are interested in looking at parental stress, coping strategies, sleep, fatigue, parenting practices and the home learning environment. We are asking that both mothers and fathers participate in our research. We hope that the results of our studies will provide families with important information and highlight areas that need to be targeted for intervention and resource allocation.

We are writing to request your assistance in contacting mothers and fathers to participate in our projects. We are aware that some organizations have databases of families who are interested in participating in research; others might use websites or newsletters to communicate research opportunities. We would like the opportunity to advertise our project with your organization.

We have attached our recruitment flyer and information sheet for you, which outline the research in more detail.

Please do not hesitate to contact us on [mseymour@groupwise.swin.edu.au](mailto:mseymour@groupwise.swin.edu.au), or our supervisor, Dr. Katie Wood, on [cwood@groupwise.swin.edu.au](mailto:cwood@groupwise.swin.edu.au) should you require any further information.

We look forward to your response and would ask that on reply you indicate your preference of how we can advertise our project with you, be it a flyer in your newsletter, a link on your website, or some other means you see as appropriate.

**Thanking you in anticipation of your support,**

**Rachel Jellett**

**Monique Seymour**