



Self Help Organisations
United Together

Presents:



Self Help & Support Groups

National Awareness Day

8 September 2010

"Helping each other to help ourselves"

Join us to raise awareness of the support provided by the many Self Help & Support Groups for people with a disability or long term health condition at our

Self Help & Support Groups National Awareness Day Fair

8 September 2010
11.00am - 3.00pm
Launch 12.00pm
Weston Creek Community Centre Hall

*We will also launch the 2010 edition of the
ACT Directory of Self Help, Support Groups and Community Services
copies available free on the day.*

*20 groups have registered to display & provide information and someone to talk to.
A great information resource for Community support workers,
social workers, health workers and carers.*

*If your looking for a support group that doesn't have a display we may be able to help
you find one.*

*Supported by the ACT Government under the
ACT Health Promotion Grants Program*



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Contact SHOUT Inc **6290 1984** for more information